Survival Equipment Training Exam (Pass 60 %)

- 1. No person shall operate an aircraft over land unless there is carried on board survival equipment that provides the means for
 - A. Starting a fire
 - B. Trapping Animals
 - C. Providing Shelter
 - D. Providing or purifying water
 - E. Visually signaling distress
 - F. Audibly signaling distress to 90 decibels
 - a) A, B, C, D
 - b) A, E
 - c) A, C, D, E
 - d) A, C, D, F
- 2. Which of the following is not one of the 4 basic needs of surviving in the wilderness?
 - a) Warmth
 - b) Sex
 - c) Water
 - d) Food
- 3. How much of the human body is comprised of water?
 - a) 50%
 - b) 65%
 - c) 75%
 - d) 90%
- 4. For how long can an average person survive without water?
 - a) 2 days
 - b) 3 days
 - c) 5 days
 - d) 1 week
- 5. How long can an average adult survive without food?
 - a) 3 days
 - b) 5 days
 - c) 2 weeks
 - d) 3 weeks

- 6. Most people cannot survive unprotected from rough weather:
 - a) For more than a few hours
 - b) For more than a few days
 - c) For more than a few weeks
 - d) For more than a few minutes
- 7. When looking for a place to build a shelter:
 - a) Choose ground that is dry and well drained
 - b) Avoid dry riverbeds
 - c) Low ground could be damp and collect cold air at night
 - d) All of the above
- 8. Which of the following is not a component needed for fire?
 - a) Oxygen
 - b) Ignition
 - c) Fuel
 - d) Nitrogen
- 9. The best material to use to start a fire would be:
 - a) Kindling
 - b) Tinder
 - c) Large logs
 - d) Green leaves
- 10. Which of the following materials is not considered tinder?
 - a) Dry leaves
 - b) Dry bark
 - c) Dead logs
 - d) Paper
- 11. Which of the following materials are considered kindling?
 - a) Leaves
 - b) Dry twigs and sticks
 - c) Pinecones
 - d) Grass

- 12. Which of the following is the least important for surviving in the wilderness?
 - a) Water
 - b) Food
 - c) Shelter
 - d) Rest
- 13. What are the first symptoms of dehydration?
 - a) Dry Skin
 - b) Blue Lips
 - c) Weakness
 - d) Euphoria

14. What is the best way to prevent water loss?

- a) Keep cool
- b) Stay in shaded areas
- c) Avoid fatty foods and alcohol
- d) All of the above

15. _____ is an internationally recognized distress signal.

- a) Three fires
- b) Four fires
- c) One fire on top of a hill
- d) Big H written in the sand

16. If lost in the wilderness, one should:

- a) Stay in one place, someone is probably looking for you
- b) Follow the river, in the direction of flow
- c) Walk towards the Sun
- d) Look for Pygmies
- 17. Getting enough sleep in the wilderness is critical because without sleep:
 - a) Our minds begin to hallucinate
 - b) We become unable to make conscious decisions
 - c) Our physical health will suffer
 - d) All of the above

18.S.O.S. stands for:

- a) Helpb) Save our soulsc) Stranded on soild) Save our ship